

Temperature Ratings for Sleeping Bags

Comfort and Low temperature figures are given for guidance only.

Snugpak's performance figures are drawn from over forty years of experience and customer feedback. Our comfort figure assumes you will be sleeping lightly clothed (thermal base layer or PJ's) within a tent on a good quality sleep mat, at this external temperature the majority of users should feel comfortable and get a good night's sleep.

The low temperature ratings are temperatures the sleeping bags have been used at by fit individuals with the minimum of discomfort.

There are many variables involved in a good night's sleep, including climate, altitude, fitness and metabolism, if in doubt stick to the comfort figure.